

Preschool Lesson – Prayer

Memory Verse - Matthew 7:8 “For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.”

For older preschoolers – Prayer video - https://youtu.be/ZrdIXOk_QdQ

For older preschoolers – How to Pray – 5 Finger Prayer (example below)
<https://youtu.be/7rCeZGC3XGA>

For Younger Preschoolers – Prayer Video – by Julie Brittain and Hudson Brittain – Thank you!

Worship songs by Yancy - “I will Pray” <https://youtu.be/7ZmpWgzlZtY>

“Make a Joyful Noise” https://youtu.be/Z9_2Py-LGkY

“I Will Never Be Lost” by Jana Alaya <https://youtu.be/YBxNm9kf8ew>

Prayer Activities

Pray a Color – all you need is a box of crayons

This activity is especially good with younger children. They are just learning to identify colors and match things, so this is a great mental exercise for them as well as leading them to pray.

Let your child choose one crayon out of the box. Ask them to name everything they can think of that is that color. With each thing they say for that color, stop and say, “Thank you God, for the orange _____.”

You could begin to use this by choosing one evening a week to make that the color prayer night.

Prayer Environments

When a child prays in the same place everyday and prays the same prayer every day, they tend to engage less and less. Simply changing where the child prays can make a huge difference. We can pray anywhere, anytime, because God is wherever we are. Here are some ideas to consider, you can get very creative with this.

- **Pray in a tree.** Yes, climb a tree. Look out over your neighborhood and pray for the people and homes that you can see.
- **Pray in a tent.** (can be a homemade tent with a sheet).

- **Pray at a construction site.** We will be doing new construction at Wedgwood soon. Gather your kids together and pray outside the construction area for the safety of those working inside.
- **Pray in candlelight,** you will need to set boundaries and stress safety. This can be a great time for a child to be reflective of their day and help them to refocus in a soft and quiet environment.
- **Pray in the garage.** Ask God to protect their family wherever they go and help them to share His love with people they meet wherever they go.
- **Pray in the sandbox.** Encourage child to pray out loud as they move their hands around in the sand. Many children need physical stimulation to help kick-start their brains and this works great.
- **Pray at the park.** Take a walk, sit under a tree.
- **Pray in a crawl-through tunnel.** An expanding tunnel is a favorite for preschoolers. Sometimes they will crawl in just to hide, or they take a book in to read. Now, it can be a place to pray as well.

"5 FINGERS OF PRAYER"

1. YOUR THUMB IS NEARER TO YOU, SO PRAY FOR THOSE WHO ARE CLOSEST TO YOU.

2. POINTING FINGER: PRAY FOR THOSE WHO TEACH, INSTRUCT, & HEAL

3. TALLEST FINGER: PRAY FOR OUR LEADERS, THEY NEED GOD'S GUIDANCE.

4. RING FINGER: OUR WEAKEST FINGER, SO PRAY FOR THOSE WHO ARE WEAK, TROUBLED OR IN PAIN.

5. LITTLE FINGER: THE SMALLEST FINGER, TO REMIND YOU TO PRAY FOR YOURSELF.

Trace around your child's hand and let them color their fingers the colors in the above picture as you talk about prayer.

